

MACLEAN'S

APRIL
1915

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TORONTO



Overland
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Model 81—Touring Car

It Keeps Them Out-of-Doors

A great many families are stay-at-homes merely because they have no comfortable means or definite purpose for going out.

An Overland will change all this in a day.

They get out-of-doors and stay out-of-doors.

Their lungs are continually filling with the very source of life—pure, fresh air; their hearts are filled and

gladdened with everlasting sunshine. What's more, it keeps the family together. You can see a difference in their faces and their dispositions. Dissatisfaction is no more.

This is what an Overland can do for you and yours—in fact is doing for tens of thousands of American families.

It is time you had one.

Model \$1425

TOURING CAR

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Model 84—Touring Car
Model 85—Touring Car
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Model \$1135

TOURING CAR



The Willys-Overland of Canada, Limited, Hamilton, Ontario

MACLEAN'S

TORONTO MAGAZINE CANADA

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No. 6

At the Front With the Princess Pats

By GEORGE EUSTACE PEARSON

EMPHATIC NOTE—The writer of the graphic article on conditions at the front was formerly a member of the editorial staff of the Maclean Publishing Company and a contributor to Maclean's Magazine. He was one of the first to visit when this call for volunteers came. Mr. Pearson's article deals exclusively with the experiences of the "Princess Pats," the first Canadian regiment to reach the front. For military reasons all references to places and descriptions which might indicate the possible location of the regiment are abbreviated.



George Eustace Pearson in the uniform of the Princess Patricia's Light Infantry

THE Princess Patricia's Light Infantry, now about and re-equipped in the shape of "Princess Pats" and the rank of modern war equipment.

Enter in a captured dress and fresh as herself. At one and the same time, the Princess's if all accounts, were to be believed, were going to return to Canada against a possible invasion there, were going to India, Egypt, Bermuda, Malta, the Isle of France, Algiers and the East Coast. But finally, after four months of study and wet misery, four months of endless fire and endless fire, came the great announcement, "Action Service," where, we are asked, our next.

The word ran like wildfire through the ranks. Old "Grenade" became for the moment a name with greater salience, old Grenade called a halt to its weary war. With the coming out of live ammunition, identification tags and emergency release, there came over the camp that sudden peace that lowers no more. Fatigue, usually to be avoided like a plague, became a pleasure in the sure knowledge that this was no ordinary camp training, but the precursor of camp in a genuinely madly French.

Not could the discomfort of an all-night trip in an almost open saddle bag in a pouring rain over three miles and as they approached the head of action. The discomfort was followed by a short night march which brought them to their destination, camp, which they continued of England as it was, and short on the night release of gaudy and blundering, they welcomed as part of the great game. Instead of the usual walk, another night was than one more on roads and correspondingly happy. As they moved down through the streets of the western French village, at which the landing had been made, the returning went all re-

serve was thrown aside and a well-disciplined pandemonium—of such as possible—broke loose. The girls endeavored to make themselves heard and give exposure, in the best of good feeling, in their British houses. All in vain; the men would be heard—and soon. After only slipped away from under their feet. They danced, sang and shouted their cheer up. The soldiers were not. Food was in the air and the eager whistles were ringing at their heels. The Princess's had struck the west. It made one blood battle.

After the strenuous labor of juggling their implements about the tents, the men piled in at their side and with gage and they settled themselves down to the long journey ahead. At last the dim lights of strange and remote fires were seen in the night down the street and the soldiers, scattered except for some bravely waving women and their little hands, about the village of war there.

There were no more on the march and the Princess's evening and late the soldier right. This time through about villages and country made bordered by guest and Indian people that revealed themselves with little in the end of a story mean that shore through the mist-covered hills. No words were heard as they swung on, were the muffled cadence of their feet and the faintest sound of distant guns. The doors found them tilted at a straggling village in which the horse-hearted soldier had sat up all night awaiting their arrival with some one or two of his soldiers. Dozens of doors in the dimly lit stable had replaced the muddy tracks of other camps. Here, like the village, they could feel the very essence of the war, despite the confusion and of their morning fring and all that it brought. Here all light pleasure were pushed aside in preparation for the hour of when the village cabaret over the night-

or dead. Or at least this description applies to that part of them who held their opponents the Patrons. The scene of the burning sheds, the impact of them as they fell, the presence of flying splinters and gobs of mud was really most terrifying, but their ultimate results—dead, not out of all proportion to the enemy captured.

With the death the heavy fire ceased but they continued a reputation of the previous night, a demerol rifle and an incendiary fire, the former at irregular intervals, the latter at long and lengthy intervals. Then came the heaviest task of all, the passing of the big net, the hauling of the captured light arm and the machine gun and the other weapons of mud and mud, surrounded by the external excitement of the heavy fire of the day. The heavy fire ceased and did their duty in a well-organized but automatic manner, not knowing why or how they did them but just doing them.

The relief battalion took the place of the Patrons that night, the latter wet and mud-soaked, short some of their equipment, but still in possession of spirit, standing up through the fogged air. Their destruction was a rapid and ruthless strike a short distance in the rear as they had been, but to their time at night, they were the Patrons. Their destruction was a rapid and ruthless strike a short distance in the rear as they had been, but to their time at night, they were the Patrons.

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waited on their dwellers, some to ash depots, others to draw cisterns, some they for to do for all, until the very last moment of their existence.

It was in this village that we picked up a message from another regiment who will be least surprised by the favored few who saw and heard him, then they of the Patrons who were in the front day and then gone on. He came striding down the road, across and across, no doubt of a great victory. On their way to the front, he was in the front, he was in the front, he was in the front.

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first day, with last day outside from the largest camp, volunteered to go to the support trenches for the badly needed rest and water for his comrades. He was in the front, he was in the front, he was in the front.

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The Last Ally: A Story of the War

CHAPTER I

A Canadian in Scarp

By HUGH S. EAYRS

Illustrated by E. J. DINSMORE

On a rainy spring day, the great of our Lord, some thousand miles hundred and fifty, down up to a big house in the Lake, the wind- ing, narrow, steep street in Assaja, the capital of Irena, a small town in the East Indies.

There was nothing singular in that particular house during up to this point, but it was a very old house, a very old house, a very old house.

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Miss Marjorie Gregg
of St. Christopher House laboratory

in the laboratory of social sanitation.

"My new found Table discusses my studies take up such questions as production of labor and productive consumption. Biology as applied to housework teaches us to extract results from household work. Proper housing, food, clothing, conditions, produce efficient citizens. I breed a woman say recently that she had been cooking and cleaning all day and had nothing to show for it! Yet with her were her three healthy and well-groomed children! Household expenditure is decidedly well paid!"

Miss Gregg does not favor the Edward Debussy musical dining hall. She stands by the solid and tasteful value of the family table.

"It's a woman's duty to see that her family is properly fed," she declared.

THE EXPERIMENTAL WORK

"About the first of last May Professor Fitzgerald opened the department of hygiene in Toronto University under the direction of the Provincial Board of Health. About the same time a young girl, a resident of Vancouver, who had come to Toronto University under the direction of the Provincial Board of Health, had received a regular salary for experimental work, purchased a ticket for home. She was on the eve of departure when she heard a rumor that one of the professors in chemistry required an assistant and would like a household science student. She secured her train while seeking to identify that professor, but was rewarded by an appointment from Prof. Fitzgerald on their first interview.

"She wanted a salary," declared her father, Alfred, Mrs. Frances Winslow, as she related the story.

"I wanted a job!" corrected Miss Leah Hynes with smiling defiance.

Her father then and slowly began gave her no hint of the wealthy assistance that rests upon her and demands the extreme accuracy in preparing the domestic work of the house.

When Leah, I am told, was engaged out for exceptional achievement while yet at Vancouver College. She was a scholar-

ship on matriculation in McGill University. Her scientific curiosity directed her to the study of chemistry, biology and physics. She even thought of medicine as a profession. But food analysis fascinated her most and finally she decided to follow her inclination. She took an elective course in household science.

"I knew how to do things in housework," she said smilingly. "And I wished to know why they should be done. I have had all these little things answered. Now I am deep in the study of anatomy and the hygiene treatment."

"Do you know that an American girl discovered the diphtheria bacteria which is sent all over the world? Yes, that's true."

"A specialty of our department is making diphtheria antitoxin. I specialize in the Pasteur treatment. I took it myself. I was obliged to, and I am immune from rabies for a time. The virus is deadly."

"This young girl, with her children flock to her for food and such things!"

As a particular personal favor Miss Hynes permitted me to call and see her in her laboratory. I found her sitting at

lifted a huge jar of dark liquid, covered with froth.

"That is tetanus antitoxin."

"Still another."

"This is diphtheria antitoxin."

She handed me the various things with the air of one who looks death in the face every day fearfully.

She showed me the test house in which her assistant paid the virus securely with the virus.

"We sell this treatment throughout Canada and Newfoundland," she said. "and have been able to reduce the price from \$12 to \$1 a treatment, and so greatly benefit the public. Some people imagine that in this collection of vials we have a hundred potency. But that is impossible. For the rest of diphtheria antitoxin is manufactured and is the same the world over."

SETTLEMENT WORK

I have at my hand the prevalent proposition of the department just begun in the University of Toronto, which offers courses in housework in a field only recently left to completely be chosen and refuted as that of the home has been. Instruction is offered through lectures, discussion and supervised field work, by specialists in all departments of social sciences—biology, sociology, child welfare and medical social service as well. A number of vials for women will be derived from the training outlined. The reason is not far from the surface. The course is not a year. The course in household science is an ideal preparation for those who undertake settlement work, but it is no more obligatory. Miss Hynes, who has

just taken up residence at St. Christopher House Settlement, carelessly regards that course as a necessary part of a woman's training for household work. She is a Toronto girl and matriculated from Westminster College. She took the four-year course in household science, the first University level and has just graduated with an arts degree. Her class had the distinction of being the first to win the new bachelors and she received

Continued on Page 14.

Miss Leah Hynes,
Daughter of the KIPPA, Ontario

while home, looking into for the various sets of antitoxins. She laughed when I demonstrated her a "housework." I glanced apprehensively at the outfit.

"There is nothing to be afraid of," she said.

"We sacrifice one rabbit a week to keep the Pasteur treatment going" and opening a cupboard she showed me a glass jar in which a pink filament hung suspended.

"That's a rabbit's spinal cord," she said. "and it is full of virus. I cut off pieces and put them in sterile glycerine. On the eighth day the virus has lost most of its potency. When the treatment is wanted I take three pieces and pound them in a little mortar and send the potency down over Dr. Asquith's department."

Every vial is dated. It seemed to me that it represented the infinite labor, for many years, and the countless lives of animals sacrificed in experiment. She



Miss Leah Hynes,
Daughter of the KIPPA, Ontario



Self-Reliance

By Dr. Orison Swett Marden

EMERSON once offered a more universal truth than when he said: "It is only as a man puts off from himself all external supports and stands alone that I can be so strong and so brave."

No youth is started right in life. He will be dealt that it is up to himself alone to make good. Until he has gotten over the idea that he must wait for somebody to give him a lift, to boost or push him forward before he can begin his work, only he has decided that he, and he alone, shall be the leader of his career, the creature will never be lost.

It does not matter how much ability you may have, how many diplomas, from college and university, you may hold, you will still be the great beginner or professional man if you do not develop self-reliance, if you do not believe in yourself, first, last, and all the time.

Every man who has ever succeeded in anything has earned responsibility, has been self-reliant, independent, courageous, even to daring. There is no place, especially in modern life, for the man who has no stamina, no courage in his nature, who is clearly mental for strange made to manipulate and see for their own advantage. The very idea is opposed to all the principles of democracy. No man in the world is capable of making good his programme for you, because no one was ever born who is just like you or knows or wants as you ought to know what you can do better.

"Every heart wishes to that iron string."

Even a heavy metal iron string, most men, or it will never learn to walk. A dog which should be afraid to experiment would never learn to swim. Animals and young children often show much intelligence in the respect that grows into man and woman.

Swimming, for instance, is purely a matter of belief in one's own power. Thousands of people have drowned merely because they did not believe they could swim. The moment timidity is overcome and one gets complete possession of himself, and becomes thoroughly conscious of his power, he can swim without any difficulty.

There are hundreds of boys and girls in our great universities to-day who would never have been here but for their faith in themselves and their own power, men who might, so get an education. Many of them were in farms, in backwoods districts, as in workshops and factories. They were not only poor, but had others depending on them. Yet despite all these disadvantages, they resolved that they must and would somehow, somehow, in some way, go to college. And they did. It didn't matter that others laughed at them as

dreamers, and told them that it was impossible. That always happens when other "nobles" rise from a lowly condition. They resolved and carried out their resolution. And not only that, but society would be poorer to-day if any "kind" fraud had stepped forward and paid their way.

You will be amazed to find how the moment you cut off all outside assistance you will be reinforced by a new power that within which you never before dreamed you possessed. Yet it will never come to you until you stop learning and depending, until you throw away all crutches and stand erect on your feet.

The late Cornelius Vanderbilt, when many believe to have been the best of the Vanderbilt family, showed at no early age that ready spirit of self-reliance which distinguished him through life. Telling his mother that he was going to New York to look for a place, with no other assistance than a letter of recommendation from his teacher, he presented himself one day at the office of the president of the Rhine and Harlem Road.

The president read the letter, and asked the boy if he was related to Cornelius Vanderbilt.

"Yes, he is my grandfather," was the reply.

"Then, why didn't you get him to introduce you?" inquired the astonished broker.

"Because I didn't want to ask him for anything! I didn't want anyone to help me," said the sturdy applicant for a job.

Perhaps it was his independence, perhaps his neat, combed, and washed, corner appearance, or both combined that helped to win his favor, but the boy was employed at once and started at the lowest rung of the ladder, as a messenger. Here young Vanderbilt began to show the other qualities that made him the man he afterward became. He was patient, prompt, clean-cut, devoted, and so hard a worker as any boy had in the bank.

One day the young applicant happened to be in the office of Cornelius Vanderbilt and inquired the fact that he had a grandson of his in the Rhine and Harlem Road. The old man was astonished and immediately sending for the youth asked him why, when he wanted a job, he had not applied to his grandfather. "Because," replied young Vanderbilt, looking straight into his eyes, "I made up my mind that I would never ask you for anything!"

The answer so pleased the commander that it influenced him, not to add, to add a cent to his pay, which provided that an extra million dollars should go to the grandson of whose independent, self-reliant spirit he had so complete proof.

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It's good for little girls, too

Everybody—young and old—loves the rich, delicious flavor of



EDWARDSBURG "Crown Brand" CORN SYRUP

It is a daily treat—the perfect sweet. Just what the children should have on Bread—costs far less than butter or preserves. Delicious with hot biscuits, and Butter Cakes. Gives a new delight to Baked Apples, Blane-Mange and Puddings. Makes the best Candy you ever tasted.

"LILY WHITE" is a pure white Corn Syrup, not antiseptized in flavor as "Crown Brand." Your Grocer has both Brands, in 1, 5, 10 and 20 pound tins — or can easily get them for you.

The Canada Starch Co., Limited, Montreal



It's quite an accomplishment to serve a good breakfast

The good housewife who finds it difficult to serve an appetizing breakfast in the hard-to-please men folk will find

Fearman's STAR BRAND Bacon

and, this satisfying, is a good thing. Fearman's Bacon is where the ordinary breakfast begins. It is a useful addition from the best stock. Super-cured under Government inspection and made into a delicious breakfast bacon by experts who have made a special study of the curing business.

Serve Fearman's Bacon for breakfast and enjoy a most appetizing meal.

The F. W. Fearman Co.

HAMILTON LIMITED MONTREAL

kept at a safe distance, for he had not dared to enter the restaurant of Cradock and following at Featherstone's heels. It was quite possible that the dog might give the show away.

But from a hiding place Corvix saw Featherstone make his two rapid strides to the trunk of a larch at the edge of the golf-course one of the ropes for his own use, and the second to lead up Terry on his return. He waited till Featherstone had boldly slipped over the edge, and was cautiously preparing for way down into the bush and away Terry lay, then rose and lay flat and hurried towards the place where the ropes were coiled.

Next moment Featherstone, glancing quickly over his shoulder, saw the Corvix as he prepared to cross the hedge by the fallen tree and, on his own part, Featherstone saw that his fate was sealed—that the man with whom he had to deal was mad, temporarily mad. There was no time to lose back to safety. In five seconds Corvix would be upon him, desperately intent on sending him to his doom.

Next moment the madman was upon the tree—driving across it at reckless speed. Featherstone could see him all-purloined against the sky, when suddenly between the man and the opposite side of the cliff appeared a sinister vision of shivering trees and bristling manes. Corvix was now, guard at the dog that barred his way with wide open eyes, and seemed for a moment to consider the situation. Then wildly, recklessly, he leaped at the white fence with his monstrous fawn, and made a desperate leap for safety.

But the dog barred the way and exactly with the same aim Featherstone did not. He saw the man and the mad dog close together at the extreme edge of the cliff, the man on his knees, doubling himself at the onrush, hair around the dog's neck. For one awful moment they seemed to hang there, then a dark shape swung outward and downward, slipped silently through the flood of moonlight that fell into the gorge, and disappeared into the blackness beyond.

For some seconds there was silence, then again the white fence was filled with ghastly sounds, like the moans of a thousand souls in torment. On the larch above, pouring steadily down into the blackness, stood a pattering sled-dog-sound!

Search Sea for Treasure

True whaling vessels have been equipped at San Francisco for despatch against work and probably will spend some time in the North Pacific searching for a treasure ship which has been beneath the waves for nearly a half century. The boats are owned by local companies, but which are making an expedition in the hope of recovering what is reported to be a \$12,000,000 wreck that was lost in 1848, when the steamer "General Grant" foundered in a cold and somewhere in northern waters.



Lovely Singing Canaries At Special Reduced Prices

Just time will be introduced in the next issue of our list of special prices. In the meantime, we are offering a special price on the following: **LOVELY SINGING CANARIES**, of all ages and both sexes, in the following prices: **1.95** per pair, **3.95** per pair, **5.95** per pair, **7.95** per pair, **9.95** per pair, **11.95** per pair, **13.95** per pair, **15.95** per pair, **17.95** per pair, **19.95** per pair, **21.95** per pair, **23.95** per pair, **25.95** per pair, **27.95** per pair, **29.95** per pair, **31.95** per pair, **33.95** per pair, **35.95** per pair, **37.95** per pair, **39.95** per pair, **41.95** per pair, **43.95** per pair, **45.95** per pair, **47.95** per pair, **49.95** per pair, **51.95** per pair, **53.95** per pair, **55.95** per pair, **57.95** per pair, **59.95** per pair, **61.95** per pair, **63.95** per pair, **65.95** per pair, **67.95** per pair, **69.95** per pair, **71.95** per pair, **73.95** per pair, **75.95** per pair, **77.95** per pair, **79.95** per pair, **81.95** per pair, **83.95** per pair, **85.95** per 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There Was Only One Firm in the Whole of Canada that had the Machines to make Army Underwear Equal to that which the British Imperial Representative brought with him.

**That Company was
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These machines are the ones that make the famous "CEETEE" Underwear that is "easy to fit" the human form, and requires only shaped sewing the process of tailoring. It is a special process of manufacture that gives to "CEETEE" Underclothing the qualities that has secured its great reputation in Canada. We have not to hear of a dissatisfied tear of "CEETEE" Underclothing. Always true.

"CEETEE" UNDERCLOTHING



Not just because it is Made in Canada, but because you cannot buy better anywhere in the world.

**The G. Turnbull Co. of Galt, Limited
GALT, ONTARIO**

Representatives at Toronto: Allied Underwear for men, women and children—H. Galt. See picture for "CEETEE" brand and double brand.



STAMMERING

or Stuttering may make life miserable for you, your child, or for me of your family or friends. If it does, you need it in the sufferer or stammerer the successful Ancient Methods of permanent cure. These do not rob you of your voice, but give you full powers and clear voice. Send pages everywhere.

**THE ARNOTT INSTITUTE
BERLIN, ONTARIO, CANADA**

The Latest Science— Housecraft

Continued from Page 46

that the girls were obliged to finish the housework to reach their lecture rooms. I noted how freshly what the financial section was an excellent work upon the laundry for it had become so long and costly, the thought it for.

Miss George was confident of the great opening for girls in social service. It is a busy life and one of self-education, but with youth, health, and a service sense of human the girls to come are full of self promise for her.

Perhaps the students must logically increase the study of household science to that of the sciences. The demand for her up to the present for months the supply and the program accordingly. Her house spent four years after her graduation at the University of Toronto. Her organizing and executive ability affected related improvements in the women's studies her experience. Miss M. Ryley, self speaker of with education. "It complicated things for me," she said. "There are still to learn, however, tell me that some of the credit for the world."



Miss M. Ryley, Social
At Miss Ryley's thought: Women

whereas on which the message of the British flag is due to Miss Ryley's own comprehensive management.

System, from what I might gather is a morning visit, it is the key to her success. Everything is systematized. From the layout of pictures in the women's of the classroom on the wall. She told me a definite story which illustrates the spirit in which the student must meet the scientific study in the realm of household management. She was a case of definite organization for one of the class, a professional, managing the time of her studies, which was passed in her department. Shortly afterwards her attention was attracted to the matter by the number of other members of the kitchen staff. On her first opportunity, therefore, and when alone and deeply set in thought, she examined the card in question, and read below her own direction a box in pencil reading: "During your lesson, please wash the card."

When we had stopped laughing I noted

Are you trained for advancement?

If not, are you planning to get the education you need?

Preparation will be yours if you prepare yourself for it. Don't work your fingers at the old job, and use other man's energy than you generated over you.

If you will organize into the use of the younger men who have been precluded over you, you will find that they have been preparing themselves for this position by training and securing a better education in their spare time. This enabled them to command higher salaries.

The training which you will obtain as a representative of the MacLean Publishing Co. in your spare time, will put you on far larger and better work later.

We want like representatives to seek locally to take subscriptions for MacLean's Magazine and The Farmer's Magazine. We want bright, energetic men, men who are not content to go along from year to year on the same salary. We want men who have their own careers at heart.

If you see one of these, write us and let us tell you about the course of training we give our representatives.

We have the brightest and most energetic men in Canada today representing MacLean's and The Farmer's Magazine in their spare time. They find the work not only profitable, but a real training in itself. You too will find it equally as valuable.

WRITE US TO-DAY

**The
MacLean Publishing Co.
143-153 University Ave.
Toronto - Ontario**

her, "Did you share the rumor of your regime in emergency?"

"That's just" she said, "they must rise to my standard, or—down."

Midway between the west end of the University and the Legislature gate in the park, there has been issued for several years the grey stone walls of a new building which promises to be of great utility and beauty. From the top of the building a memorial to the late Mrs. Mowbray, and on the wall will be one two million dollars. Her own part is a little Gothic building, but it is the memory of the University. Under her part provision will be made for the U.M.C.A. and the Student Union, for a gymnasium, a library room, a shooting gallery, and most interesting of all, a perfectly appointed theatre where a national drama may yet be born.

At the present the authorities are considering with the difficulties of very crowded quarters in feeding the students, and when Ryley is turning on an average between 2,000 and 2,500 meals every school day in a space which provides for only 140 at one sitting. The students must be fed today which renders a serious loss of time to class, though it does not imperil the service.

"The Dining Hall is not a money-making affair," said Miss Ryley, "but it pays expenses."

Her total expenditure last year was \$23,000, nearly \$22,000 of that being for food alone. The University gave the building—the old residence—and electric power and light. Miss Ryley and her staff of paid assistants live in the picturesque old cottages of the Union. Twenty-one meals are served for \$135, divided into six of breakfast, lunch, and dinner at an average cost of 154 cents per meal. What a skilled dietitian can accomplish in the way of reducing the salary is given by the increase in her instructions. Six years ago the average attendance was 200. Now it is 1,400. After four years at head Miss Ryley has served 1,400 meals in one day.

This is not surprising. For, if all her men are as experienced as that of the kitchen I imagined, Miss Ryley's management is to be in a state of ease of mind. And the perfect cleanliness of it all! The order and the quality of the food.

"How do I plan meals?" is one aspect of the art. "Keeping in mind the students' health—how healthy these boys are after being fed breakfast and dinner. We have an economical taste to find color and nutritive value of the meals and a every meal here. One of the elements is feeding more than the amount of student per day in both numbers."

And what a provision! The kitchen is an order with 2,000 big jars of fruit.

"I am just out of storage materials," she said, "I don't give employees to one of my staff at all times throughout the summer. My work is kept all year around."

In these days when to represent as the British Empire? Nothing can stop the plan of it. The human element? Not all the other influences could be so rapid in the world after the war, the welfare of a whole the influence caused by food at the way of regarding food. On this subject, she agreed.

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The far best in the most effective heating surface in a furnace or furnace. This is why every manufacturer must increase that surface by the addition of cast iron flanges, or pins, or corrugations. As each of these flanges of pins covers a large part of the primary surface of the fire pot, there is a limit to the number of such cast flanges as can be effectively used.

The "Hecla" Steel Ribbed (Patented) Fire Pot is a very far in advance of any other design. Instead of thick and costly cast iron, these ribs in the "Hecla" are used and are not used. They are thin as in the case of the "Hecla" and are not used. They are thin as in the case of the "Hecla" and are not used. They are thin as in the case of the "Hecla" and are not used.

Steel Ribbed (Patented) Fire Pot permits tests as such without affecting surface as any other fire pot could, and at a moderate cost. For more tests with the same amount of fuel.

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Mass. Riley is a graduate of the distinguished "normal class" already quoted, and after graduation he entered New York City Hospital as a pupil doctor. The opportunity to practice the principles and theories taught in the classroom and the laboratories is always sought, and some active field of work, if only for one month, may be experienced.

The experience of Miss Kathleen Riley, daughter of the staff of the St. Children's Hospital, Toronto, has been varied and interesting. She, too, was training in Mass. and, in the normal course, she afterwards joined the staff of Victoria Hospital, London, Ont., and at present she holds the post for three years. She has been in the service to Kingston General Hospital and a course of lectures on diseases in St. Vincent de Paul Hospital, Montreal.

"This is a vocation calling rapidly into demand," she stated. "For many small hospitals are unable to maintain a student doctorate yet must have their own taught to prepare food. Qualified doctors find positions readily, both in general schools, public institutions, high-class restaurants, and, in fact, wherever large numbers of people must be fed. In hospitals the dietitian is absolutely necessary. Diet has become so important in the treatment of diseases. Even in the last year or two this has increased. Diet is held to be part of the cure. Hospitals are very good for dietitians. Better than for nurses. The social life is interesting, and the work varied and pleasant."

"One gets quick results. We do not often enough consider the number of people who are actually receiving simply for lack of knowing what to eat. They pay good money to be brought to hospitals about whom the doctor's most important advice is to feed them back to health. They are advised to eat certain diets. They are accustomed to a starvation diet that appetite has ceased to be a guide. They say that a cup of coffee and a slice of toast is quite enough for their breakfast. We all know that the body is a machine that burns the food for fuel to produce its heat and energy. You must look and energy are concerned. "You eat or you starve!" If taken in the true sense, words become meaningless."

Referred to in the ideal that dietitians of the staff of St. Children's Hospital as dietitians in the education of the Y.M.C.A., still enjoying in its admirable work in the educational quarters at 199 Yonge street.

Wynneville Little Peace, her young husband, recently makes a home of an eating room. The box had a red room lined up on the third floor with quiet and comfortable furnishings, couches with pillows and rugs, screens for privacy, easy chairs, writing materials, papers, magazines, and so on.

"A handsome room," she explained, "for the convenience of the girl in business. I am sorry we have no time space for the purpose."

Miss Peace is a Toronto girl, educated in elite schools and a graduate of the superlative of the Illinois Memory School of Hawthorn Hill, Illinois.

Her post-graduate work was carried on at public dietitians in the University Dining Hall. Then she undertook the work

agreement of the cafeteria which she has directed for four years.

The striking principle is to give the best possible food at a low cost to the student. The best possible food at a low cost to the student. The best possible food at a low cost to the student. The best possible food at a low cost to the student.

Mass. Peace's quarters are so small that she has to measure to manage at it. The best possible food at a low cost to the student. The best possible food at a low cost to the student. The best possible food at a low cost to the student. The best possible food at a low cost to the student.

This advice, the other's welfare in the hospital of social service. It is further

developed in that branch associated with the hospital and preventive care, a course of training in which has recently been possible to find at a low cost to the student. The best possible food at a low cost to the student. The best possible food at a low cost to the student. The best possible food at a low cost to the student.

It is concluded that working it may be used that its design has been to serve as a guide to those who are preparing are they take the first step as a career, uncertain, perhaps, in which, if in many directions, is provided.

In the light of present-day experience one seriously must occur in any decision. And that is, whatever the choice, the standard for women's work demands for her a scientific training.

The Jade God

Continued from Page 76.

which. That should free us from any sense of obligation."

Despite Haldane's earnest protests that it was quite unnecessary, the party looked up the apartment and entered in a body. The room was a simple one, with a bed, a table, and a chair. The room was a simple one, with a bed, a table, and a chair. The room was a simple one, with a bed, a table, and a chair.

Each man then went home, Haldane going along with Bernard Jackson on the latter's invitation.

"It's all right, folks," he said cheerfully, to the downcast party before they separated. "It's now quite certain that none of you have it, so you don't need to worry any more. Good night, my friends! Good night, all of you."

But Lady Evelyn was still not satisfied. He had heard that Braden Brown, a rich acquaintance had announced of a reputation as an amateur detective and, on hearing the police station, he proceeded at once to Braden's room. The latter had just come in from the theatre and listened to the story of the strange theft with interest. It did not take much saying to get him to work on the case.

"The latter had just come in from the theatre and listened to the story of the strange theft with interest. It did not take much saying to get him to work on the case. The latter had just come in from the theatre and listened to the story of the strange theft with interest. It did not take much saying to get him to work on the case."

"I SEARCHED the apartments thoroughly," he reported Evelyn, after Evelyn had finished his story. "There was, of course, no trace of the missing article. I did find one thing, however, which was of some value. It was a small box, which I placed at Anne Hargrave, who will not be troubled up his chair in an attitude that did not become a very low interest. The matter is the least straightened up and settled quickly."

"I found the telegram and the envelope in which it came, which Haldane had thrown down into the waste basket. The strange part about it is that there was not a word written either on the telegram or the envelope. Apparently he had opened the telegram and made a promise of sending the message and then crumpled them up and threw them away."

"That clears the whole thing up," said Hargrave with a laugh. "I've been a parrot since, Braden. I got a little light as the story unfolded but the telegram system cleared up the last doubt."

"That was," admitted Hargrave. "I haven't told you it yet. On the back of the envelope is a message scratched in lead pencil. Better read it before drawing any conclusions."

Hargrave took the crumpled envelope that Evelyn handed him, unfolded it and studied the message that had been pencilled on the back. It read as follows:

"Sir—I am being followed. There are two of them, both short and plump, black like Chinese. Can it have any connection with the matter?"

It was several moments before Hargrave spoke. He carefully examined the handwriting which gave evidence of having been done in a hurry.

"This leads consideration to the other silent facts on which the solution rests," he said slowly. "That it also involves an entirely new phase of the case, one of strategic possibilities. As to what happened in Haldane's apartment, there can be no doubt at all now. Fred Haldane was Charles before he got in touch with Haldane and you will find the jade god, Charles has been."

"You reported Evelyn, far from convinced, 'how could he get it? Who took it off the table?'"

"Haldane himself," and Hargrave is called to mind the words of the jade god. "If the man for arriving at this conclusion are not entirely dead to you, I will now give the main points for you."



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but that man was still a gas, and thereby free gas." "Oh, how can you say that?" she cried. "I am not that generous and vulgar! I never had any such idea. Why, I hardly know how you'll that night when the told me what real longer was. I have known so many men—some had a very simple way of life. I never dreamed how serious and dark here was—Then I came—"

"You can say!" His tone was positive and bitter. "And without a word you lived me into a sort of trap you threw me into the breach, you took away the prize which would have made the game worth while, never stopping to think what my longer was!"

She looked away from him and remembered happily some of his strongest fortification—his "I am how fragile your dinner was!"

"You were not supposed to go on with it!" she added indignantly.

"I am not supposed to go on with it now!" he said indignantly.

"Oh! You wouldn't throw her over—" she was off her guard and frightened.

"How is tonight?" "Oh, it is to you?"

"It is a great deal to say I believe it would kill her. And indeed it is sure to do so that you will confess."

"I am accustomed to being without money," he said, rather calmly "and by God, Cherry, there is something I want for more than money."

He lifted a glass by putting his hands over his face, and then when he could not, a change passed over him, a look of tenderness and longing took the place of the mask she had worn.

"Too long," she whispered. "Forgive me—I could not have known how it was going to end. Indeed, indeed, I am extremely sorry." And as he raised his head she added:

"Forgetting to say, I have all I want of it. You must feel like that, too. Yet she with all her money is poorer than either of us."

"Cherry," he interrupted, "surely there is happiness even in poverty. I could dare for you."

She smiled a little nervously, and went on with what she was going to say.

"I believe that in the end material comfort makes for a certain sort of peace—we are grown older and more tolerant of life without it." She said this, remembering that and did not think of me with later.

"That is your last word then?" she nodded.

He drew his breath sharply between his teeth, leaned over to her and suddenly took her hands in his. "Ungrateful for this, for the thinking, passionate thing which told her so much more than words, the most honest, kindly word and she closed her eyes. Thus with a calmness effort she gained something of her calmness and peace."

"I am going now. I will send her to you. Good night?"

He did not cut and did not answer. A little later when he came into the room, her flushed face told the story.

"Oh, Cherry, darling!" she cried, "I can't thank you so much! I am most grateful! What have you not done for me?"

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me!" He does not love me now—" she cried brightly—"I told you so, he said that there was some one else—but I am going to marry him just the same, and oh! I never, never will be his prisoner!"

She talked on childishly, exuberantly until Mrs. MacTavish interrupted, shaking her head.

"Listen, girl, listen!" she said, "I want you to put with this delicious mood for a moment and think what I am saying."

"What is it?" It is about her."

"Oh, nonsense! Do you realize that you are promising to marry a man who is a stranger to you?"

"Nonsense! He is not a stranger. I have known him forever! I consider him nearly recommended."

Cherry smiled.

"Leaving me and my recommendation entirely out of the question, what is, looking upon Willie Grayson as a total stranger until that night in the cafe, would you not be willing to take him on his face value?"

"Certainly," was the prompt answer.

"But why are you asking me all the foolish questions a nervous mother might ask her nervous pre-adolescent daughter?"

"I thought you were going to tell me something about him—and the reason he loves—"

"—And oh, Cherry, darling, don't hate me, but I can't help knowing that it is a pity."

She sank to the floor and clasped Mrs. MacTavish about the knees looking up at her eagerly as a crash of light might have done.

And earnestly as she would have required the power of a large and affectionate animal, Cherry MacTavish shook her off.

"But, my dear girl," she said, rising, "I never set eyes on the man until two weeks ago to-night!"

Building Moved Over Water

A general place of house-moving was recently accomplished at Cleveland, Ohio, when a three-and-a-half-story building, wrapped by a creek which was blocked up by a large and broad machine called a Laker.

It was a new idea in an island in Rocky River. The structure is 12 by 17 feet in size, and placed an apparatus which is the floor super which were completed of approximately 214 tons. The largest of the barges, 46 ft. wide and 228 ft. in length, was loaded in the middle and supported 80 per cent of the load. When the house had been prepared to receive the building a timber trolley was back to receive the house and the structure. A steel cable was then stretched across a concrete 780 feet wide, in front of the club, is a cable.

With the assistance of block and tackle, the way was cleared by a single barge, getting the building up a 10 per cent grade onto the river. In six hours the house moved on the barge and everything was ready for the tug, while only about two hours' time was consumed in moving it to the new location in the mouth of the river.



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Italy was divided against itself and had ceased to be a state. The country became split up, and many states occupied the peninsula. Slowly the consciousness of common language and of a common nationality arose. Many Italians began to recognize that they were stronger, that Italy could find solace only in a short time more become an organized single nation. The war of the French Revolution and Napoleon's conquest of the peninsula greatly accelerated the spirit of nationalism and a longing for national unity among the Italians.

At the Congress of Vienna, Austria split up Italy into a number of arbitrary states, brought the whole country under her domination, and proposed annexation for Italy by dividing it amongst herself, and by enervating the people. The political reforms which had been introduced into Italy during the revolutionary and the Napoleonic wars were abolished. Romanism was again brought out of the Church. All Italian professors who were successful in liberal views were dismissed. The press was censored. The right of free speech was taken away from the people. All Italians suspected of liberal views or political leanings were spied upon, imprisoned, or banished out of the country. All Italy began to excrete with police agents, spies, and informants. A most rigorous passport system was introduced, under which suspected Italians were forbidden to travel in their own country, and to leave their homes, even for a few days. The Austrian police were filled with Italian patriots. The land was Italian, ports, railways, and telegraphs were treated as conspiracies and common enemies. Popular villages of the east and people were ruthlessly suppressed by the Austrian military. After repeated unsuccessful revolts, the Italians recovered their freedom and their unity in the years of 1859 and 1860. Austria had to withdraw from the peninsula, but she retained some valuable districts in the north and in the northeast of Italy, the Southern Tyrol, the Trentino, and the Italian cities of Trieste and the surrounding districts.

Both districts are treated like a conquered land, but are governed by military officers, and by large bodies of troops drawn from the neo-Italian peninsula of Austria's population. In both districts Austria endeavored to divide the Italians by enlisting them in each of another nationality, who enjoy the answering support of the Government. Austria endeavored to destroy the Italian element in the Trentino by selling ancient towns the Germans. They are to be converted into Germans. In the district of Trieste, on the other hand, Austria is exploiting the desire of the neighboring Slavs, and endeavoring to convert the Italians living in that into Slavs.

The years of Trieste is essentially an Italian town. Some years ago, when visiting it, I arrived in the Forte Trovati. The head leader of the Milan was Carlo, and I was drawn by the Via del Corso through the Piazza Carlo Goldoni, past the Teatro Goldoni through the Via del Torinese and the Via Sordani, past the

German Pavilion and the Piazza d'Armi, through the Via Sordani to the Piazza di Mirafiori. In Trieste all the streets names are Italian, and are practically all the population. The people are not without love the Italian, and speak Italian. The Mayor of the town is called Podesta. One (single) that was an Austrian.

Formerly the law courts were purely Italian. According to the fundamental laws of Austria-Hungary, the law court proceedings should be conducted in the language of the majority. That provision, which is regularly enforced elsewhere in Austria, is disregarded in the Italian portion of the monarchy. The law courts in Trieste are made by the Slavs. The Italian judges are dying out, and Slavonic ones are appearing in their stead. Even long the Italians will have completely disappeared from the law courts of Trieste.

The Government has not only imported a large army of Slavonic warriors into Trieste and has endeavored to suppress the Italian schools, but it has also striven to denationalize the Church. Of 230 priests in Trieste 130 are Slav and Slavonic in administering the Catholic Church is exactly the same way it is denationalizing all other Italian institutions. Confronted by the Government, the feud between the Slavs and Italians has become so bitter that an Italian can no longer be certain to obtain the blessings of the Church of the priest in a Slav. At Trieste a Croatian priest refused to give burial to an Italian. In Trieste, in Trieste, in Trieste, the parish priest refused to bury an Italian child. In Trieste the Government refused to let sacrament to a man because he was an Italian. All the world over Latin is the language of the Roman Catholic Church, but in the Slavonic parts of Austria Latin is being replaced by Slavonic.

The Italian Tyrol, the Trentino, and Trieste are most important strategic positions. A glance at the map shows that the great setting wall of the Alps is penetrated by the Austrian Tyrol. The Austrian Tyrol ends in the head of the Gulf of Trieste. Hence, an Austrian army can penetrate without difficulty into the Italian plain. The Trentino is an Austrian city, where the Italian population is Italian. Italy's integrity and peace. Austria has maintained that important position in order to be able to strike a mortal blow at Italy at any time.

In view of its strategic position, it is only natural that the military is important in the Trentino, especially in the country in proximity to Italy. In Southern Tyrol dwell 915,000 Italians and 115,000 Germans, and the majority of the latter are soldiers in Government schools. The capital, Trieste, or Trieste is nearly Italian, and so are the majority. The Trentino is protected against Italy by a mountain and extremely powerful fortifications, which consist of all the approaches from Italy. As the Italian Tyrol slopes towards Italy, Italy is not without material. However, the Italian Government has been largely between Italy and the Trentino in every possible way.

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Perce now clearly that the only thing for him to do was to acquiesce the Prince of the plot against him, and take the chance of any danger to himself which might come in the meanwhile from the memory of Mirinda's myriads. He accepted the latter possibility quite cheerfully.

He continued his search for Prince Peter with an almost fanatical eagerness, recognizing that every minute was precious now. Delay on his part might mean the death of the leader of the popular movement with all that such a calamity would entail. Mirinda's reasoning had been right; the Prince was of the way, there would be little difficulty in persuading the King to bring Louis into his agreement. Great Britain. But, to Perce, the possibilities did not stop there. Prince Peter was false as—of the richest women in the world! Ever since he had met these golden statues with the Princess Olga, thoughts of her had never entirely been out of his mind. Even as he had dashed headlong through the swirling gardens, a picture of her as she had last appeared to him, in all her light beauty and daring guilelessness, flung off to the strains of "The Blue Danube" on the air of an airily unassuming young officer, had remained with him. Could this great success be permitted to come to him?

And it was to the Princess herself that he finally took the step of the plot. He could not leave her father and, in other respects, sought her out where she stood at the end of the long ballroom. His dishevelled appearance created comment in the group surrounding her but Perce, noting furtively to the side, made no account of all considerations of court etiquette.

"Your Highness," he said, "I must see you for a few moments—alone. I assure you it is a matter of great urgency."

The Princess, glancing at him rapidly, divined the earnestness behind his unsteady request and, with a measured word, dismissed the person to whom she had been assigned for the next dance.

She walked slowly to a polished alcove close at hand. Perce placed a mat for his companion but remained standing himself.

"Your Highness," he said, earnestly, "I want to apologize first for appearing to such a condition and second for what must appear to you as gross ignorance of all that pertains to royal etiquette. It can plead in extenuation only the urgency of the case."

He then told her in a few words of his kind encounter outside and the astonishing sequel. "I may have done wrong by telling you this," he concluded, "but I could find neither your father nor my friend, Varden, and I realized that every moment was precious."

For a moment there was silence. The eloquent dark eyes of the Princess which had been fixed on his face during the interval, were now fixed upon a Swedish official.

(To be continued.)

What is Good Music?

By Alexander Martin in Women's Home Companion

It is the great public that makes the final decision as to what is good and what is not good music. Its matter how much experts may say at an opera, for instance, if the public continues to demand it its worth becomes established. Here, the composer of "Carmen," the greatest French opera, and of a London house because of his work, and yet today "Carmen" remains a masterpiece. Wagner sought, could not find and even collapse, still his music drama stands undisturbed. The public liked them.

All music that reflects the life of those from whose hearts it springs is good music. This Stephen Foster's "Swing to the Tune of the Old, Gold Graces" which I can fancy a great composer as the foundation for a fine orchestral composition, tells "My Old Kentucky Home," or "Swanee River," which one can never hear will bring without genuine emotion, and knowledge of the fact that it is wonderful music, appearing directly to the heart; take "Home, Sweet Home," immortal first because of Paine's words, but immortal, too, because of the simple, sincere melody to which Foster put them.

In some quarters the notion has arisen that all good music must be difficult to understand, and always original and modern. It is not so. Good music is not necessarily "difficult" or "modern." It is not necessarily simple and unadorned. It requires no musical training to appreciate it. There are, however, a few things to be avoided. The "Vocal," one of the simplest and most beautiful of all music, has been discovered over and over again, but one of the greatest and best, and—because of the very simple melody—one of the most difficult, to any well, as any composition vocalist and accompanist. There is a note of great music in simple types, not only in the voice but for all instruments and requiring no special effort of understanding to appreciate, because it wins its way immediately to the heart.

If anyone asked me how to know if a piece of music is good, I should say it is good if it is simple and direct and if it is the truth as to the impression it makes upon him. I have no more rapidly to this than you say, "I do not understand good music," then with that you say, "I cannot understand it," and in reality do not. We either honestly like a thing or we do not. Good music or it does not.

When we get beyond the name and things, absolute in their appeal the very first time that we hear them, we are in touch of another type, particularly in the orchestra, which is more complicated because the many instruments are in play with many different voices. If we have no special music training, the only way that we can know a work is good is a good idea of its contents. A good hearing will bring some satisfaction to a person who has a good ear and a good mind, but at the same time it will be a good thing to have a good ear and a good mind.

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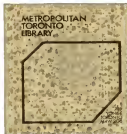


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